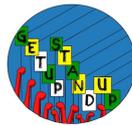


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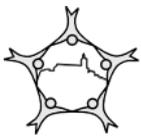
GET UP STAND UP

INTERNATIONAL TRAINING COURSES

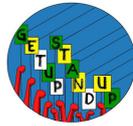
14 - 20 SEPTEMBER 2019

LITOMYŠL, CZECH REPUBLIC

INFOPACK

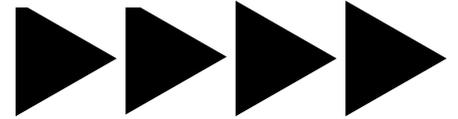


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GENERAL INFORMATION



DATE: 14th - 20th September 2019

COUNTRIES: Cyprus, Germany, Italy, Greece, Czechia and Poland

LOCATION AND VENUE: Litomyšl Castle, Czech Republic
YMCA Europe Training Centre
<http://www.esclitomysl.cz/?lang=en>

APPLICATION FORM: <https://forms.gle/dUFNR5gshimBDErf7>

CONTACT PERSONS: Vladimír Škuta and Oana Buzera
+420 777 277 310 or info@tmelnik.cz

ymca
europe training centre



SUMMARY OF THE PROJECT

#GetUpStandUp surrounds itself with influential European protests and events such as: 1968 protest and civil rights movements, the invasion of Czechoslovakia, the student protests and anti-Semitic campaign in Poland, the 1989 Democratic revolutions in Central and Eastern Europe and the fall of the Berlin wall in order to raise awareness of their significance, use them as examples to stimulate debate and finally utilize them as means of reflection and comparison on their nature and their influence on contemporary protests as well. This goal is implemented throughout the project with the use of debates, structured dialogue events and public interventions in Cyprus, Germany, Italy, Greece, Czech Republic and Poland by the project partners.

In the final stage, international training courses will be held in Italy, Czech Republic and Cyprus in order to examine the theory and practices of human rights advocacy in the EU, focusing on the previously mentioned time periods and today.

The project is founded by Europe for Citizens Programme – European Remembrance.

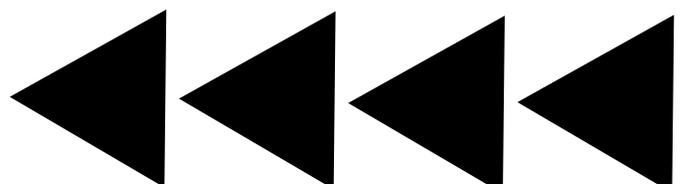


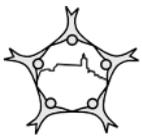
SUMMARY OF THE TRAINING

The training course has as a main topic promotion of human rights with a specific focus on the right of freedom of speech. There we will be 30 participants from Czechia, Cyprus, Germany, Greece, Italy and Poland. The training will be based on non-formal education and will aim on inspiring the participants to actively engage in the subject of civil participation across Europe and gain skills that they can use in their organisation and communities.

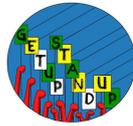
The objectives of the TC are:

- to equip youth workers with all the necessary knowledge on how to further promote active citizenship within the EU and affect attitudes within their regions and communities,
- to increase the sense of transnationality, knowledge and experience in human rights advocacy and active citizenship of the project participants,
- to create new projects promoting common European history and active citizenship.



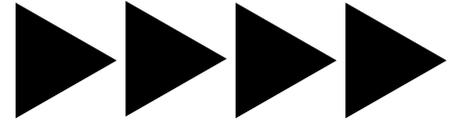


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PARTICIPANT'S PROFILE



YOUTH WORKERS AND ACTIVISTS, WITH VARIOUS BACKGROUNDS AND LEVELS OF ENGAGEMENT IN CIVIL SOCIETY AND EDUCATION.

The partner organization will select their participants taking in consideration the gender balance and offering priority to the participants that took part in the activities of the project implemented until now and to participants with fewer opportunities!

TRAVEL ARRANGEMENTS

! PLEASE DO NOT BOOK ANY TICKETS !

There will be no reimbursement because all the tickets will be purchased for you by us.

Country	Partner organization	Nr of pax	Male	Female
Czech Republic	Tmelnik z.s.	3	1	2
Czech Republic	Evropske Centrum Mladeze Breclav	3	2	1
Cyprus	YEU Cyprus	3	2	1
Germany	Citizens of Europe e.V.	3	2	1
Greece	Inter Alia	3	2	1
Greece	Unities Societies of Balkans Astiki Etaireia	3	1	2
Italy	Fattoria Pugliese Diffusa Associazione Culturale	3	2	1
Italy	H.R.Y.O Human Rights Youth Organisation	3	1	2
Poland	Centrum inicjatyw Młodzieżowych Horyzonty	3	1	2
Poland	Europejskie Forum Młodzieży Stowarzyszenie	3	1	2

Please CONTACT US related with your travel preferences first. This is the only way how you can have your travel costs covered by the grant. Any tickets purchased without our agreement **will NOT be eligible** for reimbursement. Please send us until **1st August 2019** screenshots of your preferred way of travel by email to info@tmelnik.cz. We will contact you back in order to confirm or alternate your selected route. Take in consideration that you can arrive maximum 2 days before the TC and depart maximum 2 days after the TC, so dont forget to tell us the exact days that you want to travel!!!

We will book all your tickets and flights for you based on our agreement. Please contact us ASAP, thank you!
NOTE: You are obliged to send us your electronic boarding passes min. 24 hours before each of your flights to our email info@tmelnik.cz in a PDF format. In case you will miss your flight or you will decide to not use any parts of the tickets purchased for you, we will need to require from you to cover back in full the price of the unused tickets. Please check flights to either **Prague, Pardubice, Brno, Ostrava, Wien, Bratislava, Katowice, Wroclav, Berlin or Nuremberg**. All mention airports have direct connection to Prague and in some cases we can arrange a taxi for you.

LOCATION AND VENUE

The venue of the training is YMCA Europe Training Centre Litomyšl, Czech Republic. The accommodation is located exactly in the fantastic and modern hostel established in the former brewery of the UNESCO listed Litomyšl Chateau.



The hostel has standard double, triple and quadruple rooms that are designed in a Scandinavian style. All beds are single. Every room is equipped with a wash basin. Litomyšl Castle was originally a Renaissance arcade-castle of the type first developed in Italy and then adopted and greatly developed in central Europe in the 16th century. Its design and decoration are particularly fine, including the later High-Baroque features added in the 1700s. Litomyšl was established around the trade route that connected Bohemia and Moravia at the end of the 10th and beginning of the 11th centuries. The dominant feature of the city is the Italianate Renaissance castle with its more than eight thousand examples of sgraffito, which has been on the UNESCO World Cultural and Heritage List since 1999.

!!! Keep in mind that towels are not included in hostel service.

!!! Bathrooms are shared and situated along the hostel corridor.

!!! BONUS !!!
The first night will be organised in Prague.
We will keep you updated about the accomodation and meeting points.
Yes, we will enjoy a Prague night out :-)

